

OCB SOUTHERN CROSS NATURALS-September 7, 2019

All competitors should register for the OCB MEMBERSHIP> online BY September 4, (SHOW RECEIPT AT CHECK IN)

Location: Ormond Beach Performing Art Center 399 North US 1 Ormond Beach FL. 32174

Show Times: Prejudging: 11 AM – Evening event. 3:30 pm

Drug Tested Event: This is a natural (drug-free) competition. All competitors must meet eligibility criteria listed in the Drug Testing Guidelines in order to participate. Competitors should review these procedures and the list of banned substances

Drug Testing: All competitors are required to be polygraph tested prior to competing; Photo identification must be shown prior to polygraph tests. Any competitor not polygraph tested will be disqualified. (6 weeks old polygraphs are acceptable, provide copy)

Membership: All competitors required to be current members of OCB to participate in this event. Membership forms and online registration options can be found on OCBONLINE.COM also Guidelines can be found.

Division Offerings: MEN'S-BODYBUILDING, PHYSIQUE, MENS CLASSIC PHYSIQUE/ WOMEN'S BIKINI,FIGURE, PHYSIQUE.

Classes: will may be divide by age, also height division can be split by groups based on the number of entries

** Classes or divisions may be drop or added or combined depending on entries**

** PRO QUALIFY STATUS WILL DEPEND ON ENTRIES IN DIVISION** SEE OCB GUIDELINES WWW.OCBONLINE.COM

Crossovers: A "crossover" is entering more than one division in the same discipline. For example, someone may enter the Novice division physique, if eligible, and also elect to crossover into the Open division of the same discipline. Women figure cannot cross over into bikini "crossover into Classic Physique will be allowed from any discipline"

Awards: for top 3 placements in each class plus best poser/presentation awards. Top 3 masters

Fees: If entry received by or postmarked by Sept. 4, (: Entry \$65, Crossover Entry \$40 for each additional class.. Entries will not be accepted day of show. OCB Membership: \$72.50 FOR Amateur. (if not already a current member). Polygraph Exam \$55

Check-In/Polygraph Test: Friday Sept. 6,2pm – 9pm at host hotel listed below. Promoter will contact entrants approximately 1-2 weeks before show to schedule appointments. **COMPETITORS MUST BRING OWN MUSIC FOR ROUTINES/STAGE WALKS AT TIME OF CHECK-IN.** See details about music below.

Contestant meeting: Saturday Sept. 7th, 9 am at Venue

Backstage policy: One assistant max per competitor allowed, assistant **MUST** buy a trainers ticket, which is good for General Admission and back stage access.*** see below if trainer has 2 clients trainer gets in free.

Note: Tanning will be provided by Southern Tanning \$130.00 includes touch ups glaze and bikini bites email southerntanorlando@gmail.com * No Dream Tan Allowed**** phone Phone: 321-332-5909**

Please Check out WEAR AND AWAY TO HELP YOU KEEP YOUR TAN ON <http://wearandaway.com?aff=19> (one the website)

Pump-Up Area: Light weights, stretch bands and mirrors will be back stage for use in pumping up before going on stage.

Stage Photography: Will be available for purchase. vendor will be at Friday night check in. only cell phone pictures are allowed in audience

Prejudging: The Prejudging portion of the event will consist of: Bodybuilding, Physique, Bikini, Figure comparisons

Finals: The Finals portion of the event will consist of: Classic Physique. Bodybuilding routines, Figure, Bikini Physique stage walks, awards presentations, and overall judging (for divisions with more than one class). All competitors will perform at finals regardless of placement from prejudging. Bodybuilding routines and Figure/Bikini, Physique, stage walks should last no more than 90 seconds FOR Amateurs only* Competitors are to supply own music for Finals performances on * USB DRIVE* with no profanity.*** Costumes/props are permitted.

Tickets: Adult General Admission Prejudging \$15, Adult General Admission Finals \$25, Adult General Admission Combo (both shows) \$30, Under Age 18 General Admission Prejudging \$5, Under Age 18 General Admission Finals \$5, Under 18 General Admission Combo (both shows) \$10, Trainers Ticket \$55 (only applicable to those helping a competitor prepare back stage. One trainer max per competitor is permitted. Trainer's tickets are good for general admission seating at both shows and back stage access). ** Trainer with 2 clients in show gets in free****

*** HOST HOTEL BAYMONT INN & SUITES 175 INTERCHANGE BLVD ORMOND BEACH FL 32174 PH 386-672-3675 ***

\$139.00 PER NIGHT *ASK FOR GROUP "CONRAD REID OR SOUTHERN CROSS"

SOUTHERN CROSS SOUTHEAST SHOWDOWN

Name (print): _____ Email: _____

Address (Street): _____ Phone: _____

City: _____ State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____ Shirt Size: _____

Divisions may be Added or Dropped Depending on Entries. * Please Circle your Choices Below******

Trainer's Name _____

Men's Classic Physique: Novice- Open-Masters 40+

Men's Bodybuilding: -- NOVICE- OPEN- MASTER +40 +50 +60 +70 Physically Challenged

Women's physique: OPEN -MASTER 40

Figure: - -NOVICE- OPEN- MASTERS 40

Bikini: -NOVICE-OPEN- MASTERS 40+ 50 +

MEN'S PHYSIQUE - NOVICE- OPEN- MASTERS 40+ 50

Division Details: Novice: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters/Age Divisions: Open only to those falling into the stipulated age range (ex. Masters Age 40+ is age forty and over). Open: Open to anyone regardless of age and level of experience.

I have read, understand, and agree to the above terms. WAIVER: IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I HEREBY INTEND TO BE LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, AND WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE Organization of Competitive Bodies(OCB), ORMOND BEACH PERFORMING ARTS CENTER OR CONRAD REID, AND ANY AND ALL SPONSORS, AGENTS, REPRESENTATIVES AND ASSIGNS FOR ANY AND ALL INJURIES AND/OR LOSSES SUFFERED BY ME AS A RESULT OF MY PARTICIPATION AND/OR ATTENDANCE AT THE OCB SOUTHERN CROSS NATURALS FLORIDA CHAMPIONSHIPS. AUGUST 22 2015

Name (print): _____ Signature: _____ Date: _____

If under Age 18: Parent's name (print): _____ Parent's Signature: _____

Fees to Submit with Entry Form: late fee after Sept. 4, 2019. Please call to pay over the phone fee \$3.00, 386-675-2334 * ****
Payments are nonrefundable *****

Entry Fee*: \$65 (2018 competitor \$10), Crossover Entry Fee \$40 (s)* _____ Polygraph Fee: \$55

Polygraph fee: \$55 _____

*****If you want Extra T-Shirts, please select size and how many \$8.00 ea. (S)___ (M) ___ (L) ___ (XL) ___ (XXL) ___ ******

Total: \$ _____

SOUTHERN CROSS NATURALS

September 7, 2019 • Ormond Beach Florida

Location **Ormond Beach Performing Art Center 399 North US 1 Ormond Beach FL. 32174**

Show Times: Prejudging: 11 am EVENING SHOW 3:30 PM

Advance ticket purchases will be available for pick up at the ticket counter the day of the event.

(Tickets Available for Sale at the Door the Day of the Event Also)

Advance Ticket Sales Order Form

Name (print): _____	Email: _____
Address (Street): _____	Phone: _____
City: _____	State: _____ Postal Code: _____

Ticket Type	Cost	Quantity	Total
Adult General Admission Prejudging	\$15.00		
Adult General Admission Finals	\$25.00		
Adult General Admission Combo (good for both show times)	\$30.00		
Under Age 18 General Admission Prejudging	\$5.00		
Under Age 18 General Admission Finals	\$5.00		
Under Age 18 General Admission Combo (good for both show times)	\$10.00		
Trainer's Ticket (good for general admission seating at both shows and back stage access)****	\$55.00		
Trainers Tickets only applicable to those helping a competitor prepare back stage. One trainer max per competitor is permitted. Trainer's tickets are good for general admission seating at both shows and back stage access when competitor they're assisting is preparing back stage).			
****If you want Extra T-Shirts, please select size and how many \$8.00 ea. (S)___ (M)___ (L)___ (XL)___ (XXL)___ ****Grand Total:			

Tickets Non-Refundable

Payment by (*check one*): Check (*Not accepted after 9/8*) Money Order Credit Card

Make checks payable and mail to: **Conrad Reid 210 South Julia Ave Deland Florida 32720**

*** TRAINERS WITH 2 COMPETITOR (AMATEURS) GET TRAINER TICKET FOR FREE***** REFER TO ENTRY FORM OF COMPETITOR^^^^^^^^